

## Monthly Sunday Walks

Date	Location	Description
Sunday 12 September 2021	Langden Brook	Looking for water birds in Langden Brook and birds of prey on the adjacent ridge, appreciating the beautiful valley. Including Mouse Hill and checking the many cloughs across the hillside and looking for birds in the scrub en route to Langden Castle. <b>Some climbing.</b>
Sunday 31 October 2021	Dean Clough Reservoir	Looking for wintering Grebe and Duck on the reservoir and surrounding fields. Almost 200 species have been recorded here in recent years. <b>Some climbing.</b>
Sunday 28 November 2021	Stocks Reservoir	Looking for birds on the reservoir, where there are two hides. Scanning the surrounding hillside and bushes, crossing Hasgill Beck and climbing to New House Barn. <b>Some climbing.</b>
Sunday 19 December 2021	White Coppice & Brinscall	Exploring this bird rich area for winter migrants and looking for birds of prey along the scree ridge of Black Coppice. <b>Some climbing.</b>
Sunday 30 January 2022	Aldcliffe Marsh, Lancaster	Looking for wintering marshland birds on the outer marsh and inland flooded fields. The marsh and gullies can be scanned for wildlife as the River Lune attracts thousands of birds in winter.
Sunday 27 February 2022	Carr House Green Common, Inskip	The Common comprises over 60 acres and lies on the Fylde plain. It reflects the Fylde prior to it being drained and is a Biological Heritage site. Possibility of seeing one species of frog and toad respectively and seven mammal species.
Sunday 27 March 2022	Littledale	Exploring the seldom visited valley, walking through fields and pastures, separated by boundary hedges and dry stone walls, where a host of wildlife can hide. <b>Some gentle climbing.</b>
Sunday 24 April 2022	Borrowdale, Howgills	Listening for early migrants in this little known valley, which is important as it is covered in ancient woodland. The Borrow Beck hosts Wagtails and Sandpipers and there are many sheltering places for birds in the myriad of stone walls along the route. <b>Some gentle climbing.</b>

Everyone is welcome and no experience is needed. Please wear walking shoes/boots and bring warm waterproof clothing.

Bring a packed lunch and a drink. Binoculars would be useful and you might wish to bring a camera.

All Sunday walks are a maximum of 5 miles. Some walks include some climbing.

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